

BACK TO SCHOOL

Menus for August 2022

Henry County High Schools

E=mc² *F=ma* *S=πR²*

This institution is an equal opportunity provider. Menus are subject to change.

Featured Specials of the Day

Wednesday, August 3
Sausage Biscuit, Assorted Cereal
 Chicken Sandwich, Deli Turkey Sandwich, Seasoned Fries, Glazed Carrots, Sliced Peaches

Thursday, August 4
Breakfast Bun, Frosted Breakfast Pastry,
 Chicken Nuggets w/ Roll, PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Frozen Juice Cup

Friday, August 5
Chicken Biscuit, Assorted Cereal,
 Stuffed Crust Pizza, Corn Dog, Whole Kernel Corn, California Blend, 100% Fruit Juice

Featured Specials of the Day

Monday, August 8
Blueberry Mini Pancakes, Assorted Cereal,
 Max Snax Tacos w/ Salsa, PBJ/Wow Sandwich w/ Chips, Black Beans, Carrot Sticks w/ Ranch, Pineapple Tidbits

Tuesday, August 9
WG Muffin w/ Yogurt, Assorted Cereal,
 Cheeseburger, Deli Turkey Sandwich, Potato Tots, Celery Sticks w/ Ranch, Mandarin Oranges

Wednesday, August 10
Sausage Biscuit, Frosted Breakfast Pastry,
 Popcorn Chicken w/ Roll, PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Fresh Peach

Thursday, August 11
Manager's Choice, Assorted Cereal,
 Spaghetti w/ Garlic Toast, Deli Turkey Sandwich w/ Chips, Carrot Sticks w/ Ranch, Green Beans, Frozen Juice Cup

Friday, August 12
Chicken Biscuit, Assorted Cereal, Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, 100%Fruit Juice

Available Daily

Breakfast (in blue):
 Assorted Cereal
 Fresh Apples & Oranges
 100% Fruit Juice
 Choice of Low Fat Milk

Lunch:
 Fresh Apples & Oranges
 Choice of Low Fat Milk

*Pork products listed in pink.



School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.25	\$2.50
Students Grades 6-12	\$1.25	\$2.60
Student Reduced-Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.25	\$3.50
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.25	\$3.50

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School Meals Rock!

FOR INSTRUCTIONS VISIT:
SCHOOLWIRES.HENRY.K12.GA.US/PAGE/11049

Featured Specials of the Day

Monday, August 15

Strawberry Mini Pancakes, Assorted Cereal,
BBQ Sandwich, Hot Dog, Carrot Sticks w/ Ranch,
Baked Beans, Pineapple Tidbits

Tuesday, August 16

WG Muffin w/ Yogurt, Mini Bagels w/ Cream Cheese,
Chicken Sandwich, Deli Turkey Sandwich,
Seasoned Fries, Carrot Sticks w/ Ranch, Sliced Pears

Wednesday, August 17

Sausage Biscuit, Assorted Cereal,
Chicken Nuggets w/ Roll, PBJ/Wow Sandwich
w/ Chips, Steamed Broccoli, Mashed Potatoes,
Fresh Apple

Thursday, August 18

Blueberry Pancake Stick, Breakfast Bun
Beefy Nachos, PBJ/Wow Sandwich w/ Chips, Black Beans,
Salsa, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, August 19

Chicken Biscuit, Assorted Cereal,
Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips,
Whole Kernel Corn, Garden Salad w/ Ranch, 100% Juice

**EAT BETTER. PLAY HARDER.
LIVE HEALTHIER. LEARN EASIER.**

WELLNESS IS A WAY OF LIFE!

Featured Specials of the Day

Monday, August 22

Blueberry Mini Pancakes, Assorted Cereal,
Max Snax Tacos w/ Salsa, PBJ/Wow Sandwich w/
Chips, Black Beans, Carrot Sticks w/ Ranch,
Pineapple Tidbits

Tuesday, August 23

WG Muffin w/ Yogurt, Breakfast Frudel
Corn Dog, Deli Turkey Sandwich, Potato Tots,
Celery Sticks w/ Ranch, Mandarin Oranges

Wednesday, August 24

Sausage Biscuit, Frosted Breakfast Pastry,
Popcorn Chicken w/ Roll, PBJ/Wow Sandwich
w/ Chips, Steamed Broccoli, Mashed Potatoes,
Fresh Peach

Thursday, August 25

Manager's Choice, Assorted Cereal,
Orange Chicken & Rice, Deli Turkey
Sandwich w/ Chips, Carrot Sticks w/ Ranch,
Sweet Peas, Frozen Juice Cup

Friday, August 26

Chicken Biscuit, Assorted Cereal,
Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips,
Whole Kernel Corn, Garden Salad w/ Ranch,
100% Fruit Juice

Featured Specials of the Day

Monday, August 29

Strawberry Mini Pancakes, Assorted Cereal,
BBQ Sandwich, Hot Dog, Carrot Sticks w/ Ranch,
Baked Beans, Pineapple Tidbits

Tuesday, August 30

WG Muffin w/ Yogurt, Mini Bagels w/ Cream Cheese,
Cheeseburger, Deli Turkey Sandwich,
Seasoned Fries, Carrot Sticks w/ Ranch,
Sliced Peaches

Wednesday, August 31

Sausage Biscuit, Assorted Cereal,
Chicken Nuggets w/ Roll, PBJ/Wow Sandwich
w/ Chips, Steamed Broccoli, Mashed Potatoes,
Fresh Apple

LOCAL HARVEST OF THE MONTH

FRUIT Peaches



Juicy summer peaches are sweet enough to eat for dessert, but they're low in calories and fat. Plus peaches are high in vitamin C, fiber, vitamin A, niacin, potassium, and "phytochemicals," which promote healthy skin.

OF THE MONTH

DON'T 4GET!

Take at least **ONE**

FRUIT or
VEGGIE

and at least **THREE**

items total so your meal
counts as a complete lunch!